



DANSK EPILEPSI SELSKAB
Danish Epilepsy Society

“Generalized epilepsies”

**Autumn Meeting
The Danish Epilepsy Society**

Friday November 6th, 2026

Rigshospitalet
Auditorium 2
København

Organizing committee

Maria J. Miranda, Herlev- og Gentofte Universitetshospital
Jakob Christensen, Aarhus University Hospital
Christoph Beier, Odense Universitetshospital
Lars Pinborg, Rigshospitalet

Program

Friday November 6th

09.30 - 10.00 Registration & coffee

10.00 - 10.05 Welcome

Christoph Beier, Chair, The Danish Epilepsy Society

Session 1: The spectrum of generalized epilepsies

Chair: Maria Miranda, Herlev

10.05 - 10.15 The patients' perspective on generalized epilepsies

Camilla Bonde, The Danish Epilepsy Association

10.15 - 11.00 Generalized epilepsies

Deb Pal, Kings College, London

11.00 - 11.30 Coffee break

11.30 - 12.15 The spectrum of polygenic epilepsies

Remi Stevelink, Utrecht, Netherlands

12.15 - 13.00 Imaging of IGE and the causes of drug resistance

Britta Wandscheider, Queens College, London

13.00 - 13.45 Lunch

Session 2: Idiopathic generalized epilepsies – current controversies

Chair: Kimmo Jensen, Aalborg Universitetshospital, Aalborg

13.45 - 14.10 Valproate – the solution!

Christoph Beier, OUH, Odense

Valproate – obsolete and toxic!

Anne Sabers, Rigshospitalet, Copenhagen

The meeting is supported by pharmaceutical companies

14.10 - 14.35 All patients with IGE should be treated lifelong

Henning Pilgaard Hansen, Roskilde/Køge

All patients with IGE should try to pause medication

Joanna Gesche, Kolding

14.35 - 15.00 JME and JAE are distinct and important syndromes

Britta Wandscheider, Queens College, London

There is no such thing as JME, it is part of a spectrum!

Remi Stevelink, Utrecht, Netherlands

15.00 - 15.20 Coffee break

Session 3: Generalized epilepsies - beyond seizures

Chair: Henning Pilgaard Hansen, University Hospital of Zealand

15.20 - 15.45 The impact of psychiatric comorbidities on educational achievement

Theresa Wimberly, National Center of Register-based Research, Aarhus

15.45 - 16.10 Deep brain stimulation – a new treatment option for drug resistant IGE?

Lars Pinborg, *Rigshospitalet, Rigshospitalet, Copenhagen*

16.10 - 16.20 Concluding remarks

Christoph Beier, Chair, The Danish Epilepsy Society