



**DANSK EPILEPSI SELSKAB**  
Danish Epilepsy Society

# Transformation and transition – the future of epilepsy management

## **Annual Spring Meeting & General Assembly Danish Epilepsy Society**

Thursday March 5 to Friday March 6, 2026

Hotel Comwell Middelfart  
Karensmindevej 3  
5500 Middelfart



### **Organizing committee**

The meeting is supported by pharmaceutical and medico companies.

# Meeting programme

## Thursday March 5

**09.45 - 10.00**      **Registration & coffee**

**Session 1: Update of the national epilepsy guidelines**

**Chairperson:**      **Anne Sabers**

**10.00 - 12.30**      **Update of the national epilepsy guidelines**

**12.30 - 13.30**      **Lunch**

**Session 2: Transition in epilepsy**

**Chairperson:**      **Jakob Christensen**

**13.30 - 13.45**      **Transition in epilepsy**  
*A pediatric perspective, TBD*

**13.45 - 14.00**      **Transition in epilepsy**  
*An adult perspective, TBD*

**14.00 - 15.00**      **Experiences with transition set-up including case examples**

Central Denmark Region

North Denmark Region

Region of Southern Denmark

Zealand Region

Capital Region

Filadelfia

**15.00 - 15.30**      **Coffee break**

**15.30 - 16.15**      **Lecture competition – for young researchers**

**16.15 - 17.00**      **Presentations of recent PhD thesis**

**17.00 - 18.00**      **General assembly.**

**19.00 -**              **Dinner**

## Friday March 6

08.30 - 09.00 **Coffee**

### **Session 3: Transformation in epilepsy**

**Chairperson:**

09.00 - 10.00 **Hvor undgår vi at miste udsatte patienter på gulvet i et højeffektivt sundhedsvæsen?**

*TBD*

10.00 - 11.00 **Implementation of new technologies in epilepsy follow up - examples**

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11.00 - 11.30 **Coffee break**

### **Session 4: Transformation in epilepsy (continued)**

**Chairperson:**

11.30 - 12.00 **Diagnosis and follow up of newly diagnosed patients**

Hospital epilepsy clinics or private neurologists?

Pro: *TBD*

Con: *TBD*

12.00 - 12.30 **Follow up of medically refractory patients**

Centralized follow up or local follow up?

Pro: *TBD*

Con: *TBD*

12.30 - 12.55 **Follow up of patients who are seizure free**

Follow up with GP or follow up at hospitals/private neurologists?

Pro: *TBD*

Con: *TBD*

12.55 - 13.00 **Concluding remarks**

Jakob Christensen

13.00 - **Lunch**